# Breakfast Menu

and U.S. Department of Agriculture (USDA)

institution is prohibited from discriminating on

the basis of race, color national origin, sex

civil rights regulations and policies, this

### **Dobbs Ferry Middle/High School**

# WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM Monday **Tuesday** Wednesday **Thursday** Friday Homemade Waffles Turkey Bacon Homemade Waffles WG Donut 🚱 Roasted Potatoes Crispy Turkey Scrambled Eggs with Scrambled Eggs 🚱 Toast 🕜 Sausage Links Crispy Potato Puffs Plums Cheese 🕜 Crispy Potato Puffs Fresh Fruit Cup Fresh Blueberries Pineapple Fresh Orange START YOUR Orange 100% Juice Fresh Fruit Cup Fresh Fruit Cup Fresh Fruit Cup HEALTHY WAY! 100% Apple Juice 100% Orange 100% Orange NUTRITIOUS Tangerine Tangerine BREAKFAST! Bagel Melt 🕜 Homemade Waffles Fluffy Whole Grain 10 Homemade Waffles Homemade French Fresh Banana Toast Apple Bake 🕜 Pancakes 🕜 ♠ ♠ Scrambled Eggs 🐶 Scrambled Eggs with Fresh Fruit Cup Crispy Turkey 100% Apple Juice Crispy Potato Puffs Sausage Links Fresh Blueberries Cheese 🕜 Fresh Fruit Cup Roasted Potatoes Fresh Strawberries Fresh Fruit Cup 100% Orange Apple Slices Fresh Fruit Cup 100% Apple Juice Tangerine Fresh Fruit Cup 100% Orange Fresh Strawberries 100% Juice Fruit **Tangerine** Punch 14 15 16 17 18 SPRING SPRING SPRING SPRING SPRING BREAK! BREAK! BREAK! BREAK! BREAK! SCHOOL SCHOOL SCHOOL SCHOOL SCHOOL CLOSED CLOSED CLOSED CLOSED CLOSED 22 Homemade Waffles 24 Homemade Waffles Apple Strudel 🕜 Sausage, Egg & 25 21 Cheese Burrito\* Fresh Banana **6** SPRING Scrambled Eggs 🚱 Fresh Banana Scrambled Eggs with Fresh Fruit Cup BREAK! Crispy Potato Puffs Fresh Fruit Cup Cheese 🕜 Orange 100% Juice 100% Juice Fruit Punch Fresh Melon Cup Crispy Turkey Fresh Fruit Cup Sausage Links SCHOOL 100% Orange Fresh Strawberries CLOSED CHICKEN SAUSAGE Tangerine Fresh Fruit Cup 100% Orange 29 Homemade Waffles Turkey Bacon Whole Grain 28 30 Pancakes with Ham 📭 Whole Grain Biscuit Roasted Potatoes Scrambled Eggs 🚱 Fresh Peaches Fresh Melon Cup Fresh Fruit Cup Pineapple Fresh Fruit Cup Orange Juice Fresh Fruit Cup 100% Apple Juice 100% Orange Tangerine View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com. DAILY BREAKFAST PAID BREAKFAST PRICE: STUDENT \$1.25, FREE OR REDUCED \*Consuming raw or under cooked meat, poultry, sea-**OPTIONS ADULTS: 2.94** food, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical TUESDAYS AND THURSDAYS MADE TO ORDER BREAKFAST SANDWICHES HOME MADE WAFFLES \*\*Menu is subject to change, notice posted **FRUIT SMOOTHIES** when available. ASSORTED WHOLE GRAIN \*\*\*In accordance with federal civil rights law MUFFINS/ FRESH NY BAGELS YOGURT PARFAITS W/ GRANOLA

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Vegetarian

WG REDUCED SUGAR CEREALS

Made With Natural Ingredients

Pork

ALL BREAKFAST MEALS ARE SERVED WITH A FRESH FRUIT & FRUIT

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#### WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

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Monday

### **Tuesday**

Soft Tacos Seasoned Pinto Beans Sweet Corn **Plums** Fresh Fruit Cup

### Wednesday

Seasoned Rice Crispy Chicken Drumstick Roasted Butternut Squash Steamed Broccoli Sliced Oranges Fresh Fruit Cup

#### **Thursday**

Homemade Baked Pasta with Cheese 🐶 Sauteed Spinach

Steamed Broccoli Steamed Carrots Fresh NY Local Apple **GROUND BEEF**up

# Friday

Chicken Philly Cheesesteak 🥐 Oven Baked Fries Garden Salad Fresh Pear Fresh Fruit Cup

FAJITA CHICKEN SHREDDED CHEESE, PEPPER & ONIONS

- Homemade Mac & Cheese 🚱 🤔 Sauteed Zucchini **Cherry Tomatoes** Pineapple Fresh Fruit Cup
- Yellow Rice Baked Chicken **Breast** Sauteed Onions & Peppers Sweet Corn Fresh Orange Fresh Fruit Cup

GROUND BEEF

Meatball Hero 🤔 Sweet Potato Fries Chickpea Salad **Plums** 

> **HONEY DEW MELON** CHICKEN MEATBALLS

<u>HARVE</u>SŤ General Tso's 10 Chicken 🤔 Vegetable Fried Rice Steamed Broccoli Mixed Vegetable Blend Fresh Green Grapes Fresh Fruit Cup

Baked Chicken 11 Tenders **Buttermilk Biscuits** Oven Baked Fries Fresh Cucumber Salad Fresh Fruit Cup

**CANTALOUPE MELON** 

14

# SPRING BREAK SCHOOL CLOSED

SPRING BREAK! School CLOSED

15

16

## SPRING BREAK SCHOOL CLOSED

SPRING BREAK! School CLOSED

17

SPRING BREAK!

18

School CLOSED

21

## SPRING BREAK! SCHOOL CLOSED

Homemade French Toast 🕜 🤔 Turkey Bacon Crispy Potato Puffs Fresh Blueberries Strawberries Fresh Fruit Cup

23 Beef Fajita Wrap 🤔 Fresh Grapes Sweet Corn Seasoned Pinto **Beans** Fresh Fruit Cup

Yard Bird Classic Chicken Sandwich Oven Baked Fries Homemade Deli Style Coleslaw Fresh Strawberries Fresh Fruit Cup

25 Mozzarella Sticks 🚱 Marinara Sauce Dip Garden Salad **Cherry Tomatoes** Fresh NY Local Apple Fresh Fruit Cup



28 Chicken and Waffles Sweet Corn Sweet Potato Fries Fresh Fruit Cup

Chicken & Cheese 29 Quesadilla Fajita Style Onions and Peppers Black Beans Pineapple Fresh Fruit Cup

Homemade Pesto 30 Pasta with Chicken 🤗 Steamed Carrots Sauteed Spinach Sliced Oranges Fresh Fruit Cup



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#### **Available Daily**

Deli: Made to order Sandwiches Paninis, & Quesadilla.

Grill: Chicken Patties, Spicy Chicken Patties & Burgers.

CARROT STICKS, CELERY STICKS & GARDEN SALAD





Pizza: Cheese, Pepperoni & Daily Special

Make to order Salads, Smoothie and Fruit Parfaits

PAID LUNCH: STUDENT: \$2.75, FREE OR REDUCED

**ADULT: 5.44** 

ALL MEALS ARE SERVED WITH A FRUIT, VEGETABLE, 1% MILK OR FF CHOCOLATE MILK & 100% FRUIT JUICE

Smart
Choice Made With
Organic Ingredients

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